

The **Sound** Company Ltd Seven Sound Production Studios



Video Format Requirements, December 2016 (v6)

Please deliver well in advance of the session if you can

As we use Macs/Pro Tools in our studios we require .MOV, .MP4 or .MPG/.MPEG files.

When sending/using files remotely we have to consider the cost and time implications (for our clients and our workflow) of large file sizes due to high resolutions & high data rates. Unnecessarily large files will increase your upload times – which may be crucial to meet a session start time, and may increase our download time (& charges) thus delaying the start of the session - generating extra studio costs/talent fees. In our opinion, Dropbox or Google Drive can be too slow.

COMPRESSION TYPES AND DIMENSIONS FOR PRO TOOLS

H.264 - Certain H.264 profiles can be processor intensive, causing Pro Tools to stutter/hang. **Please specify baseline profile & keyframes on every frame**

(These produce files that may be too large - DNxHD · Apple ProRes 422 · DV 25/50)

Generally 720p with split-track audio is preferred
clean voice/guide only, on right channel

For ADR, 1080p is preferable for clarity of lip movements.

Please don't send us higher resolution files. They may result in playback problems, session delays, and high download charges.

FYI We charge video download/ingest fees of £10 per 1GB

FRAME RATE / BITC:

Frame rate is dependent on your project or regional broadcast specs.
BITC is preferred, also with matching timecoded scripts

VO REC TO PIC/ADR – SPLIT-TRACK AUDIO SPEC:

If we are not mixing your project, a MOV with embedded split-track audio is preferable.
We don't need the extra flexibility that an OMF/AAF provides.

	LEFT CHANNEL	RIGHT CHANNEL
VO REC	M&E and production audio <i>(incl. sync dialogue, but not guide VO)</i>	Guide VO only <i>(no music, SFX or sync sound)</i>
ADR	M&E only <i>(no production or guide dialogue)</i>	Production & guide dialogue only <i>(no music or SFX)</i>
48kHz <i>sample rate</i> & 192Kbps or higher bit rate. <i>16 or 24 bit resolution PCM audio is usually not necessary and will increase file sizes.</i>		

OMF/AAF FILES (for mixing & sound design):

OMF/AAF files need to be imported into Pro Tools, requiring set-up time.
If we are mixing your project please allow for time spent restructuring the OMF before the mixing can begin. Embedded audio with at least 2 sec handles is preferred.

Pro Tools sessions – we deliver as Pro Tools 10 .ptx, please deliver only likewise to us.

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